**Institutionalised** – a feeling like being so used to being in an institution like a prison / care home

**Proximity** – how close

**Accessible** – easy to get there / reach

**Avid** – big/massive i.e. Cathal is an avid Liverpool fan

**Therapy** – counselling / treatment for illness

**Commitment** – how much you are willing to work for something

**Percentage** – amount out of 100

**possible** – options / things that may happen

**petition** – list of names to show how unhappy you are at something and want it changed

**infirm** – weak / sick

**debilitating** – something you have that is only getting worse i.e. an illness making you weaker

**pacifist** – someone who uses peaceful means to get their ways / dislike violence

**vulnerable** – the people who are most at risk